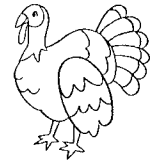
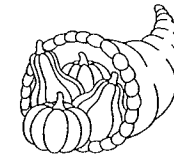
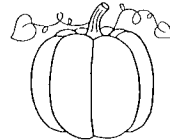


November 2025 Senior Center Menu



Monday	Tuesday	Wednesday	Thursday	Friday
3-Nov	4-Nov	5-Nov	6-Nov	7-Nov
Goulash w/ Tomatoes and Onion Green Beans Dark Leafy Green Salad w/ Spinach Garlic Roll Cake w/ Strawberries Coffee/Tea/Milk	Chicken and Noodle Soup Harvard Beets Califomia Blend Vegetables Warm Spiced Pineapple Wheat Roll Coffee/Tea/Milk	Tater Tot Casserole Peas Salad Spice Cake Wheat Roll Coffee/Tea/Milk	BBQ Riblet Bun Baked Potato w/ sour cream Roasted Broccoli Peaches Coffee/Tea/Milk	Hot Dog w/ chili & cheese Bun Coleslaw French Fries Tropical Fruit Coffee/Tea/Milk
10-Nov	11-Nov	12-Nov	13-Nov	14-Nov
Creamy Potato Soup Hot Ham & Cheese Sandwich Dark Green Leafy Salad Warm Spiced Peaches Vanilla Ice Cream Coffee/Tea/Milk	Chicken Tender Sweet Potatoes Fries Salad Hot Roll Rosie Applesauce Coffee/Tea/Milk	Biscuits and Gravy Sausage Scrambled Eggs Hashbrown Orange Juice Coffee/Tea/Milk	Chicken Fried Steak/ white gravy Mashed Potatoes Green Beans Wheat Roll Jello w/Fruit Coffee/Tea/Milk	Cooks Choice  Coffee/Tea/Milk
17-Nov	18-Nov	19-Nov Cultural Meal- Slavic	20-Nov Birthday Dinner	21-Nov
Ham and Beans Roasted Potatoes Spinach Cornbread Brownie Coffee/Tea/Milk	Spaghetti w/ Meat Sauce Dark Green Leafy Salad Green Beans Ice Cream Garlic Bread Coffee/Tea/Milk	Golubtsi Casserole Olivier Salad (Russian Potato Salad) Slavic Coleslaw Pears Wheat Roll Coffee/Tea/Milk	Oven Fried Chicken Mashed Potatoes w Gravy Pea & Carrots Wheat Roll Birthday Cake w Fruit Coffee/Tea/Milk	Meatloaf w/ Ketchup Mashed Potatoes w/Gravy Candied Carrots Fruit Cocktail Wheat Roll Coffee/Tea/Milk
24-Nov	25-Nov	26-Nov	27-Nov	28-Nov
Vegetable Beef Stew Dark Green Leafy Salad Coleslaw Crackers Tropical Fruit Coffee/Tea/Milk	Taco Salad - meat cheese beans Lettuce & Tomatoes Pineapple Tostitos Pudding Coffee/Tea/Milk	Turkey w/ Stuffing Sweet Potatoes, cranberry sauce Green Bean Casserole Wheat Roll Pumpkin Pie Coffee/Tea/Milk		Cooks Choice  Coffee/Tea/Milk